Day 26: A Sudden Shift from Horizontal to Vertical Perception

Soon we are going to be moving into Phase 3 of this 40-Day Program-Purpose and Prosperity.

Before we do that, I want to make sure you understand what it means to be aligned in God serving His Purpose and His Will. This is not a Law of Attraction Class. It is about becoming Miracle-Minded, Co-Creating with God, Remembering What You Are as Light and Love.

Yesterday on the video I mentioned horizontal/vertical perception and I didn't explain what it is. I just assumed everyone has A Course in Miracles and knows what I am talking about, but when I woke up this morning I had a thought that I should explain it.
In Chapter 1, Jesus talks "a sudden shift from horizontal to vertical perception."

Without mentioning it directly yet, this topic - SHIFTING TO VERTICAL PERCEPTION - is the theme of every single day so far in this 40-Day Program. I have attempted to show you that in every situation, YOU HAVE A CHOICE. You can shift your focus from looking at or thinking about your problems the past, the future and the world (horizontal) to being in the moment with God (vertical).

From the original manuscript of A Course in Miracles, here is Miracle Principle #44:

44. The miracle is a learning device which lessens the need for time. The sudden shifts from horizontal to vertical perception which the miracle entails introduces an interval from which the doer and the receiver both emerge much farther along in time than they would otherwise have been.
A miracle has thus the unique property of abolishing time by rendering the space of time it occupies unnecessary. There is NO relation between the time a miracle TAKES and the time it COVERS. It substitutes FOR learning that might have taken thousands of years. It does this by the underlying recognition of perfect equality and holiness between doer and receiver on which the miracle rests. - *A Course in Miracles*

You might be saying "Huh?????"

Let's put this in simple English you can understand.

Horizontal is a line that is left to right.

Vertical is a line that is up and down.
Horizontal represents longitudinal sequential time - what is call "the world."

Imagine a horizontal line. This is your life as you know it from a human perspective.

Think of yourself as standing on this line where you are right now, today.
We call this the present moment. To the left of this point where you stand (where you have located yourself) is your past starting with your birth. To the right of this point where you stand is the future ending with your death. This is what is meant by horizontal perception - you locate yourself in what you think is "the now" and your perception is focused on the past and on the future. THAT'S HORIZONTAL PERCEPTION.

Pretty dismal, right??

Vertical Perception is where in this moment, you stop looking at past and future.
The horizontal line disappears!!! That's a miracle.

In Vertical Perception, your mind is focused only on now, on God.

I described it yesterday in the video as if all the energies come inward through your own dedication to take your focus off of "looking out" at the world. As you are determined to be still and "seek within" being present in the now, there is "a sudden shift from horizontal to vertical perception."
This sudden shift from horizontal to vertical perception abolishes time! That's the miracle. When you LET GO, you are lifted up OUT OF horizontal perception - and there is a sudden shift to vertical perception where there is ONLY GOD.

This is what A Course in Miracles calls "a holy instant" and when you come back into the horizontal, time has been collapsed so that lessons/situations you were set to go through are now removed from your sequence.

It is a shift into invisibility, away from the body - Miracle Principle #18

"A miracle has thus the unique property of abolishing time by rendering the space of time it occupies unnecessary." -A Course in Miracles

MIRACLE PRINCIPLE #18: "Miracles are the absence of the body. They are sudden shifts into invisibility, away from lower order reality.
That is why they heal." -A Course in Miracles

Perhaps you had 10 more years of suffering in your future until you "got it." A sudden shift into invisibility from horizontal to vertical where you recognize IN THE NOW that you don't have to suffer anymore, that you are whole and perfect, will snip out those 10 years of suffering. They get cut right out of your time-line and you won't even know it got snipped out! You might have been set for a car accident, a few more really bad relationships, more chaos, but a miracle will show you that you don't need any more lessons because you have learned everything you needed to know and so you don't have to go through those events.

"A miracle has thus the unique property of abolishing time by rendering the space of time it occupies unnecessary. -A Course in Miracles

You won't even know these future events have been deleted, but they are because you won't need any more trials or lessons because you learned the lesson perfectly in the now. Suddenly you will see that you no longer get sick or have difficulties. You won't need to because the lesson has been learned that you are Love, perfect and whole, along with everyone. You'll start to notice in amazement that everything is flowing all the time.

I wrote about this in my book Gorgeous for God: Awakening through A Course in Miracles:
Maybe in your time line you are destined to get cancer. Or be in a car crash. These are just ideas. They have no meaning except the meaning you give them. It's a dream. But let's say there is cancer in your future. The miracle is a sudden shift into invisibility, that transcends the body. Okay? Does this make sense? The miracle entails a SUDDEN SHIFT from horizontal to vertical perception. From the point you are standing right now, you can rise above the horizontal plane and land "in the future" and snip the whole event right out of your life. Just rise above time and space and drop back in AFTER the event was supposed to have occurred. It's easier than brushing your teeth.

To your body's eyes it may appear like nothing has changed. You may think only five minutes passed, when in fact, five years passed. You are in a totally new location, no matter what the body's eyes report. If you can trust in this, your physical world will shift. The body is denser than the mind and sometimes it takes a while to catch up with itself. Just trust and be patient.
Maybe there is an abusive relationship in your future. You can skip right over, as you start listening to instructions, and you will never even know that you missed it. You might hear a voice that says, "I don't really want to go to that party tonight. I'd rather stay in and read." Just from listening, you may save yourself the misery of a failed marriage just by staying in that night. Or the voice might tell you to go buy some bread, and while you are out, you meet the love of your life in the supermarket. You could miss an accident because you realized you forget something at home and had to turn around. You don't even know what events you missed and bypassed because you altered your direction. These are not accidents.

Remember, all time is going on all the time. There is no such thing as sequential time.

When this becomes logical in your mind, you will begin to operate with love.

How is this accomplished? Quite Simply. Choose love. Choose to be as God created you.

The point where vertical meets horizontal is what A Course in Miracles calls THE HOLY INSTANT. You can live in this place forever - where there is no past and no future - BEGINNING NOW.

You could live forever in the holy instant, BEGINNING NOW and reaching to eternity. The holy instant is a time in which you receive AND GIVE perfect communication. It is a time in which your mind is OPEN, both to receive AND give. It is the recognition that all minds
ARE in communication. It therefore seeks to CHANGE nothing, but merely to ACCEPT everything.

USE the holy instant ONLY to recognize that you not alone.

The holy instant is THIS one, and EVERY one. The one you WANT it to be, it IS. The one you would NOT have it be, is lost to you. YOU must decide on WHEN it is. Delay it not. For beyond the past and future, in which you will NOT find it, it stands in shimmering readiness for your acceptance.

Your practice MUST therefore rest upon your willingness to let all littleness go. The instant in which magnitude will dawn upon you, is but as far away as your DESIRE for it. I call to you to make the holy instant yours AT ONCE, for the release from littleness, in the mind of the host of God, depends on willingness, and NOT on time.

The holy instant is nothing more than a special case, or an extreme example, of what EVERY situation is MEANT to be. The holy instant is the shining example, the clear and unequivocal demonstration of the meaning of EVERY relationship, and EVERY situation SEEN AS A WHOLE. It is a situation of perfect peace, simply because YOU have LET IT BE WHAT IT IS. Would you not WANT to make a holy instant of EVERY situation? For such is the gift of faith, freely given wherever faithlessness is laid aside, UNUSED.

The holy instant is the miracle's abiding-place. From there, each one is born into this world, as witness to a state of mind which has TRANSCENDED conflict, and has reached to peace. It carries comfort from the place of peace into the battle-ground, and DEMONSTRATES that war has no effects.

The holy instant is truly the time of Christ.
Today I would like for you to experience this sudden shift from horizontal to vertical. Live in the Holy Instant where there are no problems. It happens through your own dedication to focus on love and God and only that.

Many blessings and love,

Lisa Natoli